

## Girls' Education & Youth Development

**Inception year:** Nov, 2010  
**Project Area:** State – Bihar, 9 districts

**Supported By:**



the David &  
Lucile Packard  
FOUNDATION

### TARANG Aims at:



Empowering young people with information and skills



Building agency, self esteem and personality development



Supporting Government systems in managing adolescent education programs



Global and Indian experiences have shown that educational interventions focused on Life Skills development are effective in empowering adolescents to manage their sexual and reproductive health issues and concerns, including avoidance of risky behaviors. The Adolescence Education Program (AEP) in India is an important initiative for school going adolescents that aims to empower young people with accurate, age appropriate and culturally relevant information to promote healthy attitudes and develop skills to enable them to respond to real life situations in a positive and responsible ways.

Centre for Catalyzing Change (C3) is implementing Tarang in Bihar, in partnership with State Council for Education Research and Training (SCERT), Bihar. The program involves non-conventional methods and interactive techniques to deliver Life Skills training to adolescent boys and girls. Tarang seeks to not only empower and inform its primary target audience (class 6, 7, 8 and 9 students) in government schools on Life Skills and health issues, but also builds an enabling environment for them in schools, at home and in community settings in order to help them achieve their full potential.

### ADOLESCENT IN BIHAR

Young people aged 10-24 constitute a total of 24 million, and account for 29% of Bihar's population

32% young men and 1% young women reported use of tobacco and its by-products

77% young women and 13% young men married before the age of 18

52% boys and 46% girls in the age group of 15-24 believe house-work is for women

Only 28% young men and 15% young women report comprehensive awareness on HIV/AIDS

**"The Tarang classes help me think differently and raise questions that I wouldn't have otherwise had answers to."**

**Grade 9,  
Government school student,  
Bihar**

### Project Reach

**Schools:** 909 | **Adolescents:** 8,88,600 (boys and girls), Age - 11 to 19 (studying in class 6,7, 8 and 9)  
**Master trainers:** 114 | **Nodal teachers:** 1,902

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### Strategies



- A co-curricular activity-based learning approach that enables young people to respond to real-life situations more effectively
- School-based transaction methodology where trained school teachers deliver the curriculum
- Cascade model of training where Master Trainers (MTs) from within the school education system, orientate selected teachers known as Nodal Teachers (NTs) who then transact life-skill and adolescence information and awareness in classroom settings

### Innovations



- MoU between State Council for Education Research and Training (SCERT), Bihar and Centre for Catalyzing Change
- State-specific curriculum, training and communication material for different grades
- Adolescent Education Cell established within the State Council for Education Research and Training.
- Monitoring system evolved for assessing program progress
- State Level Functionaries involved in the monitoring and reviewing progress
- Monitoring of schools implementing the program

### Project Impact

Post-intervention, significant change was witnessed in educational levels and mobility of the participating adolescent girls; 66% had completed class while a whopping 35% were employed/self-employed.

59% of the adolescent girls had travelled alone to the health centre while 68% had travelled alone outside the village.

Significant percentage of the girls exhibited enhanced agency and autonomous decision-making skills. 25% of the adolescent girls in the intervention area reported that they can decide when to get married.

A sizeable 62% of the adolescent girls in the intervention area reported that they can make decisions about continuing their education.

**We are C3. Centre for Catalyzing Change. We are for EveryGirl. EveryWoman. EveryWhere.**

We are a committed organization working in India to make sure no woman or girl is denied her basic rights. We design and implement interventions that work with the existing systems to deliver solutions at scale.